

**Youth
 Training Schedule of the IWKA-HQ**



Classes	Kwoon	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pandas (4-5 years)	K1			14:00-14:45			11:00-11:45	
	K1			16:00-16:45				10:15-11:00
Panda + (4-5 years)	K1			13:15-14:00			10:15-11:00	09:30-10:15
Tigers & Dragons (6-8 years)	K1			14:45-15:30	16:00-16:45		11:45-12:30	11:15-12:00
	K2	16:00-16:45		14:45-15:30	16:00-16:45			
	K1				16:45-17:30			
Dragons only	K1	16:00-17:00		15:30-16:00		16:00-17:00	12:30-13:00	
Tigers & Dragons (9-11 years)	K1						13:00-13:45	12:15-13:00
	K2			16:00-16:45	16:45-17:30			
Dragons only	K1	16:00-17:00				16:00-17:00	13:45-14:15	
	K2			16:45-17:15				
Juniors (12-16 years)	K1	17:00-18:00				17:00-18:00		
	K2						13:30-14:30	
Leadership only	K1							
	K2						14:30-15:00	